## Coronavirus (COVID-19) Safety Measures

For information on our control measures across all Aspire schools, please check the Aspire website Coronavirus

If you need to report a positive pupil test out of school hours please click on the link below:

Reporting a Positive Case

# Nansledan Summer Newsletter 7



Date of Issue: 18<sup>th</sup> June 2021

PHOTO: Surfing and Sand Play at Nansledan Beach

#### Supporting the Welfare of our Pupils

I wanted to take the opportunity to give you an overview of some of the ways we ensure everyone is supported to be socially, emotionally and mentally healthy.

Emotional wellbeing will always be a top priority for schools. Learning and retaining information both involve emotion so we must continue to do what we can to ensure the children feel safe and secure, enjoy their school life and are supported in managing and understanding their feelings.

We timetabled weekly wellbeing sessions as part of our Term **Remote Learning** offer. We've continued to plan weekly wellbeing activities since the children returned to school in March. These sessions make up part of our PSHE curriculum, using a resource called SCARF, supplemented by bespoke



things no one else

activities tailored to the needs of individual classes. The focus may be on worries or friendships or relaxation and mindfulness. We will continue to use this throughout the coming year.

Did you know that as a school, we follow the TIS programme (Trauma Informed Schools) and have two fully trained TIS practitioners on the staff team in addition to a further two staff members who are completing their training? The entire team participate in whole-school TIS training as part of their induction. As a result, we are able to use a consistent approach in our approaches across school and have expertise available to provide additional advice and support.

We also have a named Mental Health Coordinator (Miss Seeley who is also our school SENDCo) and a designated Mental Health Practitioner assigned to our school. This practitioner works with a few individual pupils who require some more specialised support. Miss Seeley helps coordinate this work and also signposts to other **external agencies**.

Each week, we hold wellbeing meetings as a **pastoral team** where we review any individual concerns or whole class concerns relating to health or wellbeing which have been brought to our attention by individual class teachers. Class teachers are the first port of call for any parental concerns relating to individual children in their classes but there is a wider team available to support children when needed. As a parent or carer, please pass on any concerns, however small, at the earliest point so that we can work together to support your child.

One of our Nansledan 'Rules for Life' is to care for everyone and everything. Kindness really does make the world of difference, as does **mutual respect** and a sense of **togetherness**. We continue to promote these vital qualities but look forward to being able to re-build an even greater sense of togetherness when we are able to gather together as a community again. We look forward to whole school assemblies, drama activities, musical events, celebrations, sports festivals and simply being together inside our building and beyond. Covid restrictions have made things difficult at times but children, staff and parents have shown positivity, determination and kindness. Thank you!

## **Emotion Coaching Videos for Parents & Carers**

This year has been a tough time for so many families and, at times, this may have been overwhelming for either you or your child. No one gave us a parent's handbook on how to support children through a global pandemic and parents have faced huge pressures in this past year. With this in mind, Cornwall Council has put together five films on emotion coaching to offer advice and support for parents. We recommend you take advantage of this support.

Emotion coaching helps parents give children the skills they need to deal with positive and negative feelings. This helps children to:

- Have more self-confidence
- Do better in school
- Have healthier relationships.

In the films, educational psychologists explain the key principles of emotion coaching and how parents can use it to support their children and their behaviour. You can access and share the films using these links:

Emotion Coaching Film 1 Emotion Coaching Film 2 Emotion Coaching Film 3 Emotion Coaching Film 4 Emotion Coaching Film 5

# G7 & the Youth Oceans & Climate Summit

None of us knew what to expect when G7 came to Cornwall and it certainly ended up brining some surprises. What an experience for the children to have World leaders landing just down the road and travelling past us to attend the summit.

It has provided a wonderful opportunity to reflect on how we can each make a positive difference to the world and the duty of powerful world leaders to make decisions for the good of the nations, the climate and future generations.

What an exciting moment in history this has been for all our pupils and for Cornwall as a whole.



Ahead of G7, one of our Y6 pupils (Chloe), was invited to attend the **Youth Oceans and Climate Summit** with the marine conservation and campaigning charity, Surfers Against Sewage.

This was an incredible opportunity for Chloe be part of a global movement in ocean and climate activism, engaging in debates and discussions with young activists as well as key political figures. We are so delighted and proud that Chloe had this opportunity to join together with other passionate young people using their voices of power to influence the people in power. Well done, Chloe!

# The Great Science Share

Please look out on our Social Media feed this week for some of the exciting science the children have been involved in. #GreatSciShare

Thank you for your ongoing support,

Mrs Vicky Dilnot

Head of School



#### Individual & Class Photos

If you have received an individual photo of your child, the deadline for return to school is Wednesday 23<sup>rd</sup> June. Class photos will be sent home as soon as we receive them from Tempest.

# **Staff News & Transition**

We have had an incredibly busy few weeks of staff recruitment and have been overwhelmed by a strong field of applicants looking to work at our school in the new academic year.

We have recruited both teachers and teaching assistants to roles needed from September and are looking forward to sharing details relating to individual classes with you very soon once safer recruitment employment checks are completed.

We are planning in-school transition activities for children to have the opportunity to visit the room that will be their new classroom in September and to meet their staff team. It will be an exciting new chapter for us all.

#### **Summer Term Events**

Next week, we will be sending out letters with details of our Summer Term sporting events and class excursions taking place later this term. There's lots to look forward to!

> www.nansledanschool.org/web tel 01637 829298

Nansledan School

Head of School: Mrs V Dilnot